

## What is ECMHC?



- **EMCHC is a problem-solving and capacity building intervention implemented within a collaborative relationship between a professional consultant with mental health expertise, child care, early education, and child development professionals and families.**
- **ECMHC aims to prevent, identify, treat and reduce the impact of mental health problems among children from birth to age 5.**
- **ECMHC provides services in the child's natural setting which can include home, early learning center, family childcare home, and school.**
- **ECMHC promotes and support nurturing relationship between children and their caregivers as a means of fostering healthy child development.**
- **ECMHC is FREE. So that all children and their families can benefit from support, there is NO cost or charge for any service.**

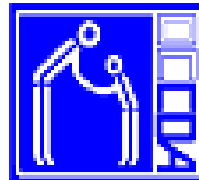
## **Douglas County Child Development Association**

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785-842-9679  
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**For more information or to enroll in services contact**

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# ***DCCDA***

***Early Childhood  
Mental Health  
Consultation  
ECMHC***



***A program with  
Douglas County Child  
Development Association***

***Promotion.  
Prevention.  
Intervention.***

## What does ECMHC do?



Based on individual, family, and agency needs, ECMHC provides a range of services which may include:

- **Assisting early childhood professionals and families with understanding and incorporating a mental health perspective in their own work and interactions with young children.**
- **Fostering positive learning and development of each child through careful observation, assessment and intervention within their natural settings.**
- **Educational, supportive and skill building groups and training opportunities.**
- **Building relationships and communication between parents, early education professionals and childcare providers.**
- **Reflective supervision, professional support, and team building.**
- **Linking families and children to available community resources.**

## How do you access ECMHC?

Children and families can connect with ECMHC through recommendations from:

- **Family & other caregivers**
- **Early learning center staff**
- **School administrators**
- **Health care staff**
- **Outside service providers**

ECMHC does not discriminate in admission to or provision of services based on religion, gender, race, color, national origin, or disability. Services are geared toward children ages 0-5.

DCCDA and ECMHC are committed to addressing the needs of children and families with diverse values, beliefs, racial and ethnic backgrounds, languages, and sexual orientation.



## Why do we need ECMHC?

*“The emotional well-being of very young children not only facilitates healthy development in childhood, but equips them to become competent, resilient, and effective human beings in all areas of their lives” –Dept. HHS*



- **We know that infants and toddlers can, and do, experience mental health problems.**
- **It is estimated that between 1.1 and 2.2 million infants and toddlers are at risk of mental health disorders.**
- **Young children do not “outgrow” mental health disorders & these disorders will have a significant impact on later school performance & life success.**

Source: Zero to Three, 2007